



Associated General Contractors of Iowa

# TRAINING CALENDAR 2026



## 2026 Course Schedule

### January 2026

Stepping Up to Supervisor  
STP Unit 1 & 5 (Not covered by IDOT Funds)

January 27  
January 28 & 29

### February 2026

Plan Reading/Staking & Surveying  
OSHA 10 Hour  
Traffic Control Technician – Des Moines  
Bridge & Culvert Carpentry  
Traffic Control Technician – Des Moines

February 4  
February 10 & 11  
February 12  
February 18,19 & 20  
February 24

### March 2026

Plan Reading/Staking & Surveying  
Competent Person  
Traffic Control Technician-Waterloo/Cedar Falls  
Traffic Control Technician – Council Bluffs or Sioux City

March 3  
March 5  
March 12  
March 24

### Per Request of Contractor

Crane Inspection & Certification

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### In-House Training:

AGC of Iowa offers a number of classes around the state, but often companies have enough people interested and would like to hold a class as an in-house program. The minimum and maximum number of students required to hold a class depends on the class being offered. Any member can host an in-house class or join with another member in the area to hold classes. These can be classes that are currently being offered or they can be new classes that have never been offered. If you have questions or are interested in training in-house, please feel free to contact AGC of Iowa and we will work with you.

### For questions or to register for training please contact:

Associated General Contractors of Iowa  
Mindy Carmichael  
Director of Education  
Ph: 800-728-2424 or 515-283-2424  
Cell 515-321-1129  
[mcarmichael@agcia.org](mailto:mcarmichael@agcia.org)

**Courses and registration - <https://www.agcia.org/training-education/>**

**\*\*\*\*If you want to use money from the IDOT general pool funds. Money must be requested before the class is offered.**

## **Stepping Up to Supervisor**

**Date/Location:** January 27

**Location:** EFCO – Des Moines, Iowa

**Cost:** \$350

**Time:** 8:00 a.m. – 5:00 p.m.

**Instructor:** Robert Cramer

**Target Audience:** Field employees, foreman or anyone getting ready to move to a supervisory position

This course is for new supervisors, leadmen, journeymen, and future foreman. Participants will gain new supervisory techniques and skills in three important areas: meeting the challenge and what it means to be a supervisor, fitting four basic fundamentals into your style and dealing with 15 special situations. Each participant will receive their own Stepping Up to Supervisor book and a free pocket checklist – a laminated, fold-up card with 22 key checklists that summarize the ideas, techniques, and skills presented in the workshop plus other important topics from the books.

Class size:       Maximum 35  
                      Minimum 10

## **STP – Supervisory Training Program (not covered by Iowa DOT funds) Unit 1 -Leadership and Motivation & Unit 5 - Productivity and Managing Project Costs**

**Date:** January 28 & 29

**Location:** EFCO – Des Moines, Iowa

**Cost:** \$375

**Time:** 8:00 a.m. – 5:00 p.m.

**Instructor:** Robert Cramer, Cramer and Associates, Inc.

**Target Audience:** Project supervisors, project managers, estimators, controllers, owners or anyone wanting to improve the construction supervisor's ability to lead and motivate others.

These two courses have been combined into 2 days. STP Unit 1 will be 1 ¼ days followed by STP Unit 5. The first course will describe the value of effective supervision of workers and improve the construction supervisor's ability to lead and motivate others. It will also cover the dollars and sense of people in construction, the role of the construction supervisor, positive feedback, team building, leaders in action and much more. The second course covers understanding how project estimates are compiled, how to compare actual project costs with those estimated and how to control costs to meet the estimate. It also covers how productivity is measured, how the supervisor plays a major role in increasing productivity and how a small increase in productivity can have a significant impact on the time and cost of a project.

Class size:       Minimum 8

## **Plan Reading/Staking and Surveying**

**Date:** February 4 & March 3 (This course will be offered two different times, but you only need to pick one date to attend)

**Location:** EFCO, Des Moines

**Cost:** \$375

**Time:** 8:00 a.m. – 5:00 p.m.

**Instructors:** Nels Overgaard, Cramer and Associates, Inc.

**Target Audience:** Field employees, office staff or anyone wanting to gain a basic understanding of plan reading/staking and surveying

This course is a comprehensive introduction to engineering plan reading and an interpretation of surveying stakes. There will also be an introduction to the basic fundamentals of theodolites, total stations and leveling procedures. Participants will gain both classroom and hands-on experience.

Class size:      Maximum 35  
                         Minimum 8

## **OSHA 10 Hour**

**Date:** February 10 & 11

**Location:** EFCO, Des Moines, Iowa

**Cost:** \$350

**Time:** 8:00 a.m. – 5:00 p.m.

                 8:00 a.m. – 12:00 noon

**Instructor:** Brandon Black, MBI

**Target audience:** Anyone who does work in the private sector requiring OSHA 10 Hour or anyone wanting to get a general understanding of overall project safety

Attendees of the 10 Hour OSHA class will walk away from this training with knowledge of OSHA requirements, the importance of learning and adhering to proper safety procedure, as well as practical understanding of why safety conscious behavior is vital for each and every worker on the jobsite.

Attendees will receive a 10 Hour card.

Topics Covered:

Introductions to OSHA Standards

Hand & Power Tools

Fall Protection

Trenching & Shoring

Hazards Communication

Ladders & Scaffolding

Material Handling Storage

Electrical

Excavation

Health Hazards & Personal Protection Equipment

Fire Protection & Prevention

Class Size:      Minimum 10

## **Bridge/Culvert Carpentry**

**Date:** February 18, 19 & 20

**Location:** EFCO, Des Moines, Iowa

**Cost:** \$1500

**Time:** 8:00 a.m. – 5:00 p.m.

**Instructor:** Industry Experts

**Target Audience:** Laborers wanting to develop skills or anyone trying to gain an understanding or refresh their bridge/culvert carpentry skills

This course will cover aspects of bridge carpentry including columns, caps and bridge decks with a major emphasis on hands on skills and classroom instruction. It will also cover aspects of box culvert and invert construction with a major emphasis on hands-on skills and classroom instruction. Participants will assemble and cycle gang forms. They will also assemble and cycle a box culvert and measure actual time vs. planned time. Hands-on skills will include both metal and wood forms. This course is good for someone wanting to develop plan reading skills.

### **Course content includes:**

Develop "Site planning and daily work schedules"

Planning/scheduling and writing out a daily work schedule

Erection Drawings

Pour Pressure

Basic survey elevations

Safety

Class size:      Maximum 12  
                      Minimum 8

## **Traffic Control Technician** (This course will be offered multiple times, but you only need to pick one date to attend)

**Date:** February 12 – Des Moines (EFCO)

February 24 – Des Moines (EFCO)

March 12 – Waterloo/Cedar Falls

March 24 – Council Bluffs or Sioux City

**Time:** 8:00 a.m. – 5:00 p.m.

**Cost** \$350

**Instructor:** Darrell Brown, RBS Safety

**Target Audience:** This course is open to all persons involved in the design, installation, maintenance, monitoring and removal of traffic control systems for all temporary activities on streets and highways.

This course covers:

Standards Federal and Iowa specific

Fundamental Principles

Components of a Temporary Traffic Control Zone

Devise standards

Signs

Arrow displays

Channelizing devices

Warning lights

Tapers

Installation

Removal

Special considerations

Review

Exam

Class size:      Maximum 40  
                      Minimum 15

# **Competent Person Training for Excavation**

**Date: March 5**

**Location: EFCO, Des Moines, IA**

**Cost: \$350**

**Time: 8:00 a.m. – 5:00 p.m.**

**Instructor: Darrell Brown, RBS Safety**

**Target Audience: Field supervisors, foreman, equipment operators or anyone responsible for trenching operations to be trained as a competent person**

The OSHA excavation standard has a requirement that there be a Competent Person responsible for every excavation. Part of the requirement is that the Competent Person has a working knowledge of the OSHA standards. This class is designed to help the participant fulfill that part of the qualification process to be the Competent Person.

The subjects that will be covered include:

- General Requirements and Definitions
- Hazard Recognition and Prevention
- Soil Identification and Testing
- Selection and use of Protective Systems

Upon the successful completion of this course, the participant will receive a certification card from the National Utility Contractors Association stating that they have met the knowledge requirement section for a Competent Person.

Class size:      Maximum 25  
                     Minimum 15